

COVID-19 Updates - Additional Resources from One of Our *Moving Forward* Presenters

- In a recent [survey](#), Gallup found Americans are reporting that their mental health is suffering more than their physical or financial health due to the COVID-19 pandemic.
See: <https://news.gallup.com/poll/308420/americans-say-covid-hurting-mental-health.aspx>
- Mental Health America has [published](#) mental health resources for the COVID-19 pandemic, including financial support and specific topics for first responders, mental health providers, caregivers, LGBTQ+ individuals, domestic violence survivors, veterans, and seniors.
See: <https://mhanational.org/covid19>
- The Pandemic Crisis Services Response Coalition has developed a [website](#) that assists Americans in finding local resources for sexual assault, domestic violence, mental health, and homelessness services among others. Click “Get Help Now” and search for your state to see available support hotlines.
See: <https://www.covidmentalhealthsupport.org>
- The National Action Alliance for Suicide Prevention is [launching](#) the Mental Health & Suicide Prevention National Response to COVID-19. This initiative is convening government agencies and both public and private organizations to address mental health and suicide prevention during this pandemic through a coordinated response.
See: <https://theactionalliance.org/covid19>